

Bridge learning Campus

HEAD LICE

Head lice are always a concern in school.

We recommend a careful search for lice is carried out on your child's hair weekly. Due to the fact that lice can spread very quickly, it is recommended all members of his / her family and close contacts are also checked and appropriate treatment instigated.

Head lice can be treated in one of two ways "the bug busting technique" and using a head lice lotion. Due to recent concerns expressed about the chemicals within head lice lotion, Bristol City Council recommends the bug busting technique.

Bug Busting Technique process for carrying out the bug busting technique is as follows:-

1. Use your normal shampoo and conditioner
2. Wash and rinse the hair as normal
3. Massage a generous amount of conditioner into the scalp
4. With the conditioner still in the hair tangles should be removed with an ordinary brush or comb
5. Holding the comb flat against the scalp, draw it down the length of the hair
6. At the end of each stroke, the comb should be examined for any lice which should be removed
7. After combing the whole head, the conditioner should be rinsed off
8. Remember, if you find head lice it will be necessary to repeat this washing, conditioning and combing process every 3 days for 2 weeks. This is to clear newly hatched lice and prevent more eggs being laid
9. All the family in close contact should also carry out this treatment
10. Daily, brushing / combing of hair as a follow up (which 'breaks' head lice legs – they can lay eggs)

If using chemical solution, before treating wash off all conditioner and chlorine from the hair.

Yours Sincerely



Rachel Brown

First aid coordinator